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Newsletter - February 3rd, 2022

The year has started and health systems still trembling due to the pandemic. If we may believe the words of the World Health Organisation, it finally seems to end, but we are all still shaking. We will only really understand what has happened in a few years' time, and even then - only through a personal scope.

The greatest question will be about what we have learned from it all, and we need to work on this today. Only after time will heal our wounds, will we experience the impact of the 'big nurse leave'. The greatest threat is for us to automatically go back to old habits, but we are not there yet.

In complex health systems, nothing can be achieved on its own and only together we can bring out the best in each other basing our experiences on equality and respect to each other. We need time to not only start with data collection and theoretical research but, also to listen to each other stories. Not only listening to stories of the workers at the front lines but, also those of the management, regulators, industry and institutes. Only with good understanding, these stories can become the true cement between the new building blocks towards new health systems.

In this newsletter you will read about initiatives and information available in the next months to come.

ESNO ONLINE CONGRESS 2022 - 24 FEBRUARY

<u>Register today for the next ESNO Congress</u> taking place Online on the 24th of February.

The format this year is not built around presentations but, more on discussing with each other about our needs in the next coming years. The discussions will be based on what we have done in the past and this event will become a stepping stone for the Congress 2023 happening in Brussels on 2-3 June, 2023. This year's event is free and is a perfect opportunity to have your say together with nurse leaders and members of the ESNO board and finding ways to engage with the wider European Specialist Nurses environment.

REGISTER NOW FOR THE ONLINE CONGRESS 2022

SAVE THE DATE

ESNO FULL SIZE CONGRESS 1 and 2 JUNE 2023, Brussels

including a special event: "1000 specialist nurses in the European Parliament"

'DECADE OF THE SPECIALIST NURSE 2020-2030' Campaign

It all started in the 'Year of the Nurse' 2020, when the full pandemic was raging around the globe including Europe, and also impacting our work at the very micro level like it never has before.

Prior to the pandemic, the intention was to have a lot of celebrations and events but, unfortunately, all plans were crushed. There was neither time, nor ability or will for any of those: nurses were working around the clock saving lives - unprepared and mostly vulnerable in being insufficiently protected and putting their live at risk. Taking this into the account, the decision to launch a campaign called *#Caring4Nurses* was made.

Unfortunately, as the reality hit us, it became apparent that one year for the campaign was not enough. So, during the last ESNO Congress, the decision was made to extend <u>the Campaign</u> for a full decade.

The campaign will be introduced during the ESNO Congress 2022 Online while the official launch will take place in Brussels during the <u>International Nursing Day, May 12th, 2022</u>

Caring4Nurses

DON'T LET THEM GO campaign

We need to do more in avoiding more nurses leaving the profession. They have had enough - not because of the lack of motivation but, because they are not able to cope anymore. The impact of their work has had a far greater impact on their personal, family and social life. It's not only an issue of the last year but it has been an issue for decades. There is so much recruitment of nurses abroad that, while it helps one side, it leaves staff gaps on the other side of Europe. The *#NurseShortage* became so big it will take another decade to restore the balance and this mini campaign consists 7 concrete recommendations:

ESNO CALLS TO:

1. *IMPLEMENT* guidelines on nurses wellbeing and safety at work

2. <u>INITIATE</u> nurse-led education and training activities in their personal career pathway

3. *INSTRUCT HR* not to favour economics, but prioritise nurses' personal perspectives

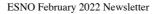
- 4. INCLUDE THEM in program and project development. Let nurses lead
- 5. <u>ENABLE THEM</u> to connect in broad professional scopes, on both national and European level
- 6. <u>HAVE AWARENESS</u>: they are people, with private lives and responsibilities
- 7. GIVE THEMA REAL BREAK and respect their time outside of the profession





Don't Let Them Go Campaign video English version

Don't Let Them Go Campaign video French version



Don't Let Them Go Campaign video Italian version



"Non Lasciarli Andare"

Doi





Don't Let Them Go Campaign video Spanish version

Don't Let Them Go Campaign video Portuguese version

Don't Let Them Go Campaign video German version

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PROJECTS AND PROGRAMS



Focus Group Microbial issues

The launch meeting of the ESNO focus group took place in Brussels, at the ESNO office on the 19th of February, 2021. A three-level program of goals was initiated, based on a recognised problem:

State of Art: Nurses are rarely, or, in most cases, not even involved in the spectrum of infection prevention and vaccination activities. They are excluded from education and professional competence building or waved off with: "you don't belong here". Despite all this, the fact that it's within the scope of practice and core competencies of the nursing profession, during the CODIV19 too much was done in the area of 'domain protection'. The ESNO calls for a 'health professional domain "climate change" regarding tackling infections and future pandemics so that a motivated, sustainable, and competent nurses' workforce can be relied upon.

What we will do: The ESNO Focus Group Microbial issues, has set out a range of activities to support nurses in gaining education for the years to come. This includes surveys and data collection activities, and provides guidance for health institutes in bring out the best possible quality of care, aimed at reducing infections with a focus on prevention. These goals are focused on :

• Education and competence building:

Knowledge, awareness and behaviour go hand in hand. This as a prerequisite for health education and literacy through life time career span.

• Creating a sustainable 'European professional network':

Only with a sustainable network and embedded in a solid organisation, education and training can be secured and create a sense of belonging.

 Providing an expert opinion regarding the 'social and climate implication' of reducing infections.

We see a strong relation between urbanisation, lack of education and health living, economic status with negative impact on environment and infection rates.

More infomation can be found here: www.esno.org/microbialissues

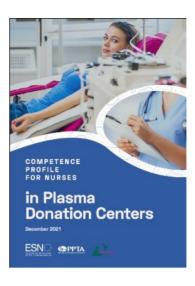
Biosimilar

ESNO has a range of programs and most upfront is the Nurses relation in the knowledge, competencies and involvement of Switch management with Biosimilar. The ESNO focus group is currently working on <u>the upgrade for</u> <u>the Information and Communication Guide for nurses published in 2018</u>. The upgrade will be essential to include more thorough information and examples, and will also act as a guide to support education programs on local level.

We are expecting to have the guide ready come spring and it will be available in eight languages.

Plasma Curriculum

<u>The Competence Profile for Nurses in Plasma</u> <u>Donation Centers</u> was finalised last December. This was done in cooperation with experts from the EDTNA. The <u>European Dialysis and</u> <u>Transplant Nurses Association/European Renal</u> <u>Care Association (EDTNA/ERCA)</u> is a multidisciplinary organization for those working in renal care. The guide provides a solid ground for education for nurses interested in stepping into the world of Plasma donation. This curriculum was made with support of experts of the <u>PPTA</u> <u>(Plasma Protein Therapeutics Association)</u>.



This project will be introduced during the ESNO congress 2022. In addition the PPTA will organise a separate webinar for the formal introduction:

> 2 MARCH, 2022 14:00-15:00 CET with the key-note speaker Dr. Afra Masià Plana (Post-Doc position, Faculty of Nursing, Girona, Spain)

REGISTER FOR THE WEBINAR

EUROPEAN PROJECTS

EMA

In January 2022, we have received the information that ESNO has been accepted as a full member of the EMA's <u>Healthcare Professional Working</u> <u>Party</u>.

"'The Healthcare Professionals' Working Party (HCPWP) provides a platform for exchange of information and discussion of issues of common interest between the European Medicines Agency and healthcare professionals. The HCPWP, established in 2013, has enabled the Agency to build upon its existing interactions with healthcare professionals. It provides recommendations to the EMA and its human scientific committees on all matters of interest in relation to medicines"



The contribution will go both ways: Specialist Nurses will be contributing on occurring issues in the EMA where expert input is required and in return, ESNO will learn from activities and dynamics related to the work of the EMA that will be connecting and providing information of new developments such as, for example, the <u>e-Pl's, the Electronic Leaflets program</u> that nurses will be using in the near future.

TASHI PROJECT

The Health Work Force (HWF) is of great interest to many professionals at all levels. This not only because of the *#NurseShortage*, but also in relation to the increase of complexity of care, for example, the ageing issue. The European society is getting older and, those in vulnerable position do also show comorbidities with poly-pharmacy. Those professionals and specialist nurses act also as managers and navigators highlighting the need for innovative solutions to meet the increasingly complex needs of patients. This is why ESNO provides expert input to this project with the intention to engage, connect and contribute. You will be able to hear more about this during the ESNO Congress:

"The project entitled "Empowering EU health policies on Task Shifting". The 3year long project is co-funded by the 3rd Health Programme of the EU, therefore our activities aim to produce a novel understanding and up-to-date knowledge on task shifting, as well as to foster dialogues on transferability and uptake of good practices in Europe. Task shifting can contribute to more effective organisation of care and human resources for health management at different levels, so committing to improve efficient and sustainable health systems in innovative ways."

FURTHER ENGAGING PROGRAMS

WITH STAKEHOLDERS ENGAGEMENT

- 2022 Work Programme for EU4Health, including the training initiative
- HADEA : European Health and Digital Executive Agency
- Opinion of the Expert Panel on Effective Ways of investing in health: <u>Supporting mental health of health workforce and other essential workers</u>
- Joint Action on workforce planning activities
- <u>Health policy platform</u>: ESNO encourages members, institutes and also individuals through their institute or organisation to engage in the European Health Policy Platform, to get updates and seek ways to engage.

ESNO MEMBERS AND STAKEHOLDERS EVENTS



EDNTA/ERCA -DIALYSIS AND RENAL CARE NURSES

10 - 11 September 2022

CALL FOR ABSTRACTS IS OPEN



9th EfCCNa Congress

Be inspired - Create the future

NEW: August 31 - September 3, 2022 Utrecht, The Netherlands

EFCCNA – INTENSIVE CARE NURSES

31 August – 3 September 2022

CALL FOR ABSTRACTS IS OPEN



EHMA 2022 Annual Conference

15-17 June 2022

CALL FOR ABSTRACTS IS OPEN

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EONS- CANCER NURSES INTRODUCTION CANCER NURSE FUND

Cancer Nursing Fund - 'Strengthening Cancer Nurses to Improve Patient Care and Recovery'

The Cancer Nursing Fund (CNF) was established on European Cancer Nursing Day 2020. The CNF is managed by the King Baudouin Foundation. The Fund is a unique opportunity to support the excellent work that cancer nurses do and advance the profession of cancer nursing in Europe. The CNF's purpose is to ensure that all people affected by cancer benefit from high quality of care delivered by highly educated, well-informed and competent cancer nurses across the disease continuum. Donations to the CNF are made via the EONS website or the KBF website. The Fund supports activities in four areas: education, capacity building, research and innovation. You can find more information here.

MORE INFORMATION



An online event with local hubs

4 - 7 October 2022

The COVID-19 pandemic has highlighted the crucial role of nurses, and the contributions of nurses to achieving positive patient outcomes. But what lies beneath that statement? Nurses and nursing have always made a positive impact on individual healthcare experiences of persons. However, during the

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Covid-19 pandemic the need for nurses to be responsive and adaptive has been brought into sharp focus. For example, developing new technological solutions to compensate for loss of personal contact, new communication systems to maintain engagement and key relationships, and innovative diagnostic and treatment solutions using tele-health. The pandemic may prove to be a game changer in many ways.

MORE INFORMATION

JUST RELEASED FROM THE PRESS

Nurse and Pharmaceutical Care Project

CONGRATULATIONS Elyne De Baetselier!



May we congratulate Elyne De Baetselier with her promotion and dissertation on 'Development of a framework for nurses' role in interprofessional pharmaceutical care in Europe' and member of the Nurse and Pharmaceutical Care (NuPhaC) - An international network to strengthen evidence, policy, practice and education in nurses' contribution to interprofessional pharmaceutical care (More information). This initiative has great relevance in the increase of the nurses' role in relation to medication, taking into account that it is more than just their administration and monitoring side effects.

Background:

"Nurses' role in interdisciplinary pharmaceutical care is not transparent and varies between European countries. Similarly, in nurse education, a clear description of specific learning outcomes on pharmaceutical care is lacking and curricula in pharmaceutical care vary a lot. Furthermore, the match with the needs of the labour market and society is insufficient. The lack of transparency and recognition, together with the variation between countries, in nursing practice and nurse education, has a major impact. It hinders collaboration on different levels: interdisciplinary collaboration in clinical practice; transnational collaboration in research, education and innovation in Europe; labour mobility of nurses. As a result patient safety is threatened, development and innovation are slowed down, and healthcare budgets are not used in the most efficient way. Preliminary analysis of EUPRON data of 3300 European nurses, doctors

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and pharmacists, in preparation of DeMoPhaC, shows nearly all participants are convinced of the positive impact on quality of care of increased nurse involvement in pharmaceutical care. Interprofessional communication in pharmaceutical care scored 5,2/10, an alarming score given the link between patient safety and interprofessional communication"

Full dissertation and recording of the Presentation

Nurses: Sustain and Retain in 2022 and beyond

<u>A new report</u> (January 24th, 2022) calls for a global action plan to address the nursing workforce crisis and prevent an avoidable healthcare disaster:

"A new report has revealed how the COVID-19 pandemic has made the fragile state of the global nursing workforce much worse, putting the World Health Organization's (WHO) aim of Universal Health Coverage at serious risk. It suggests up to 13 million more nurses will be required over the next decade, the equivalent of almost half of the world's current 28 million-strong workforce."

Join ESNO as a Member or an Associate

Are you a nurse and interested in the wider world of the European environment of health? Are you wishing to be informed and engage in projects, or even connect your personal or local initiative with you colleagues within Europe?

JOIN OUR ASSOCIATION

Join the conversation on social media via the links below!



LET OUR SUCCESS BE YOUR GOAL

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